

# **Quin House**

An abstinence-based alcohol and other drug residential rehabilitation for cis and trans men.

# About Quin House

Quin House is a 12-week, voluntary Supported Accommodation Rehabilitation Service that supports homeless and socially marginalised adult men (cis and trans) with substance dependencies. Our goal is to break the cycle of dependency, homelessness, and social exclusion through:

- Safe accommodation combined with therapeutic interventions
- Relapse prevention planning
- Health & wellbeing stabilisation
- Life skills development
- Relationship building
- Support to access long-term housing

#### How Quin House Works

We take a holistic approach to recovery, offering a combination of:

- Group sessions & individual counselling
- Life skills training
- Supportive staff role modelling
- Community activities & volunteer work

Each resident collaborates with a case manager to develop an individualized treatment plan. This plan identifies goals and strategies to address key barriers such as:

- Physical & mental health challenges
- Relationship with substance use
- Legal & financial concerns
- Trauma & family breakdown

Residents also participate in volunteer work at local community gardens and engage in therapeutic activities outside of Quin House to support their recovery journey.

## A Safe and Inclusive Service

We are committed to providing a safe and inclusive environment, particularly for Aboriginal and Torres Strait Islander communities and the LGBTQIA+ community. Quin House benefits from VincentCare's Rainbow Tick Accreditation and ongoing progress toward our Reconciliation Action Plan (RAP). Individuals from these communities are prioritised for service.

# Eligibility

To access Quin House, individuals must:

- Identify as male (cis or trans)
- Be 18 years or older
- Be homeless or at risk of homelessness
- Experience substance use challenges and seek abstinence-based recovery

#### How to Apply

Referrals can be sent to Quin House Intake at: quinhouseintake@vincentcare.org.au

For further information, contact us: Quin House 40 George Street, Fitzroy VIC 3065 03 9419 4874

# Reconstructing Life After Dependency (RLAD)

After completing their 12-week stay, residents can transition back into the community through the Reconstructing Life After Dependency (RLAD) program.

RLAD offers an additional six months of support, building on the progress made at Quin House and helping residents sustain long-term recovery.

## About VincentCare

VincentCare helps vulnerable Victorians who are experiencing or at risk of homelessness. Our housing and support services aim to restore dignity and improve life quality for people facing disadvantage.

VincentCare is committed to the principles of intersectional equity and social justice. We proactively strive to ensure all of our employees, volunteers and clients are treated with dignity and respect regarding their cultural background, ability, ethnicity, sex characteristics, gender identity, sexual orientation, age, and/or faith or non-faith.

VincentCare values and celebrates diversity and is committed to providing housing and support services that are fully inclusive.

